

Perilla frutescens

PERILLA MINT, BEEFSTEAKPLANT

Lamiaceae

Common Synonyms: *none*

FLEPPC Category: -

FDACS Listed Noxious Weed: No

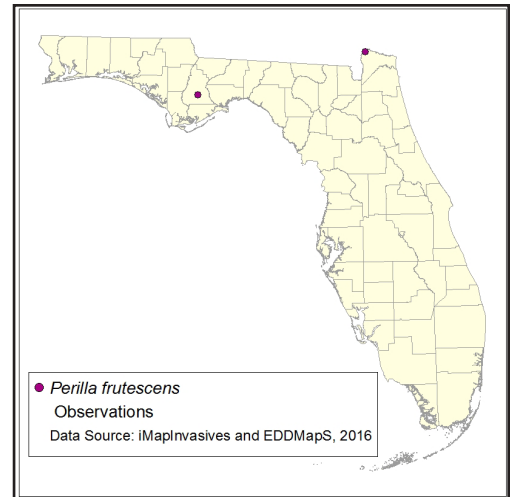
IFAS Assessment

North	INVASIVE
Central	INVASIVE
South	INVASIVE

USDA Hardiness Zone: 2-11

Growth Habit: Upright forb or subshrub

Origin: Asia



Marisa Williams, University of Arkansas, Fayetteville, Bugwood.org

Description: Upright forb or subshrub that grows to 0.3 to 1 m high. Stems are 4-sided and covered with short hairs. Leaves are simple, opposite, broadly ovate, and deeply serrate, often tinged with purple or red and aromatic when crushed, emitting an odor of cat urine. Lower leaf surfaces glandular. Small, nettle-like white to pink flowers are produced on a spikelike inflorescence in the late summer and fall.

Habitat: Prefers disturbed, moist habitats including roadsides, ditches and forest margins.

Comments: Commonly used in Asian cooking.

Florida Introduction Date: Earliest Florida herbarium specimen from 1959

Control Methods:

No specific recommendations available.

Useful Resources:

<https://www.nps.gov/plants/alien/pubs/midatlantic/pefr.htm>

<http://www.invasive.org/browse/subinfo.cfm?sub=3413>